

2024 New Zealand Road Relays – Taupo

28 September 2024

<https://www.sportsplits.com/races/47th-new-zealand-road-relay-championships-2024/events/1/results/individuals/337/>

47th New Zealand Road Relay Championships (2024) / Senior Men / Results / (#337) CAVERSHAM HARRIER AND ATHLETIC CLUB

CAVERSHAM HARRIER AND ATHLETIC CLUB (#337)

FINISHED

GUN TIME: 04:13:39

PLACE
32 OF 32

MALE
32 OF 32

OPEN B GRADE
6 OF 6

Run								4.6km	00:29:26
Location	Split	Run Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 1 2.3KM	00:14:33	00:14:33	00:14:33		31	31	5	9.47 / 06:19	09:59:43
Lap 1 4.6KM	00:14:53	00:29:26	00:29:26	Sophanna Blakie	31	31	5	9.37 / 06:24	10:14:36

Run 2								6.7km	00:34:35
Location	Split	Run 2 Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 2 3.3KM	00:16:17	00:16:17	00:45:44		32	32	6	12.15 / 04:56	10:30:54
Lap 2 6.7KM	00:18:17	00:34:35	01:04:02	Michelle Hilliard	32	32	6	11.62 / 05:09	10:49:12

Run 3								10.0km	00:46:02
Location	Split	Run 3 Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 3 3.3KM	00:14:26	00:14:26	01:18:28		32	32	6	13.71 / 04:22	11:03:38
Lap 3 6.7KM	00:15:37	00:30:03	01:34:05		32	32	6	13.37 / 04:29	11:19:15
Lap 3 10KM	00:15:58	00:46:02	01:50:04	Ken McDonald	32	32	6	13.03 / 04:36	11:35:14

Run 4								6.7km	00:33:29
Location	Split	Run 4 Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 4 3.3KM	00:16:29	00:16:29	02:06:33		32	32	6	12.01 / 04:59	11:51:43
Lap 4 6.7KM	00:17:00	00:33:29	02:23:33	Evelyn Armstrong	32	32	6	12 / 04:59	12:08:43

Run 5								10.0km	00:41:51
Location	Split	Run 5 Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 5 3.3KM	00:13:21	00:13:21	02:36:54		31	31	5	14.82 / 04:02	12:22:04
Lap 5 6.7KM	00:14:05	00:27:26	02:51:00		31	31	5	14.65 / 04:05	12:36:10
Lap 5 10KM	00:14:25	00:41:51	03:05:25	Jayden Toomey	31	31	5	14.33 / 04:11	12:50:35

Run 6								6.7km	00:31:48
Location	Split	Run 6 Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 6 3.3KM	00:15:16	00:15:16	03:20:42		31	31	5	12.95 / 04:37	13:05:52
Lap 6 6.7KM	00:16:31	00:31:48	03:37:13	Ian McDonald	31	31	5	12.64 / 04:44	13:22:23

Run 7								10.0km	00:36:26
Location	Split	Run 7 Time	Race Time	Team Member	Pos	Male	Open B Grade	Speed/Pace	TOD
Lap 7 3.3KM	00:11:31	00:11:31	03:48:45		20	20	2	17.16 / 03:29	13:33:55
Lap 7 6.7KM	00:12:21	00:23:53	04:01:07		20	20	2	16.82 / 03:33	13:46:17
Lap 7 10KM	00:12:32	00:36:26	04:13:39	Leon Miyahara	21	21	2	16.46 / 03:38	13:58:49