

Results of 3 Hour Ponydale Challenge Leith Cross Country Relays 17/05/25

Overall Placings																									
Place	Bib	Team name	Category	Team	Laps	Km	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Lap 17	Lap 18
1	104	Ben Pigou	MM35+	Leith	18	36.00	2:52:01	0:08:24	0:08:49	0:08:59	0:09:05	0:09:12	0:09:19	0:09:34	0:09:30	0:09:27	0:09:33	0:09:36	0:10:03	0:09:40	0:09:23	0:10:08	0:10:36	0:11:26	0:09:25
2	117	Sean Galdeman	SM	Leith	18	36.00	2:52:58	0:09:21	0:09:10	0:09:11	0:09:39	0:10:01	0:09:35	0:09:17	0:09:03	0:09:01	0:09:09	0:09:10	0:09:03	0:08:52	0:09:27	0:09:30	0:10:24	0:11:05	0:12:08
3	118	Simon Perry	MM35+	Leith	16	32.00	-2 laps	0:09:57	0:10:04	0:10:14	0:10:15	0:10:12	0:10:22	0:10:22	0:10:39	0:10:15	0:10:35	0:11:17	0:11:08	0:11:29	0:11:37	0:12:10	0:12:19	-	-
4	101	Alice Cuthbert	SW	Leith	16	32.00	-2 laps	0:10:17	0:10:27	0:10:32	0:10:36	0:10:35	0:10:39	0:12:08	0:11:05	0:10:32	0:10:52	0:11:01	0:11:06	0:11:08	0:10:42	0:10:45	0:11:06	-	-
5	109	Hamish Vodane	MM35+	Leith	16	32.00	-2 laps	0:09:58	0:10:18	0:10:26	0:10:33	0:10:30	0:10:19	0:10:21	0:10:28	0:11:11	0:11:04	0:11:15	0:11:39	0:12:06	0:11:29	0:11:40	0:11:08	-	-
6	112	Laura Bungard	SW	Leith	16	32.00	-2 laps	0:09:21	0:09:25	0:09:45	0:10:12	0:10:27	0:10:24	0:10:34	0:10:57	0:10:34	0:11:37	0:11:28	0:11:52	0:12:11	0:12:52	0:12:12	0:11:32	-	-
7	111	Jamie Ward	MM50+	Leith	16	32.00	-2 laps	0:10:06	0:10:27	0:10:40	0:10:54	0:11:04	0:11:14	0:11:06	0:11:04	0:11:09	0:11:21	0:11:25	0:11:17	0:11:03	0:11:08	0:11:12	0:11:27	-	-
8	114	Luke Henderson	SM		16	32.00	-2 laps	0:09:55	0:10:05	0:10:24	0:10:51	0:10:48	0:11:13	0:11:01	0:11:17	0:11:41	0:11:58	0:11:59	0:11:44	0:12:04	0:11:46	0:11:10	0:10:30	-	-
9	105	Bryan Staunton	SM	Leith	15	30.00	-3 laps	0:09:37	0:09:39	0:09:26	0:09:35	0:09:43	0:09:25	0:09:35	0:09:37	0:09:44	0:09:43	0:10:19	0:12:04	0:20:34	0:13:50	0:15:04	-	-	-
10	113	Lee flowers	MM50+	Leith	15	30.00	-3 laps	0:10:15	0:10:21	0:11:01	0:10:59	0:11:19	0:11:31	0:11:16	0:11:30	0:11:52	0:12:03	0:13:01	0:12:12	0:12:15	0:12:53	0:13:22	-	-	-
11	121	Ian Morison	MM60+	Hill City Uni	13	26.00	-5 laps	0:10:32	0:11:09	0:11:52	0:11:53	0:12:13	0:12:21	0:12:39	0:13:29	0:13:46	0:14:00	0:14:35	0:15:21	0:15:04	-	-	-	-	-
12	107	Eric Scharpf	MM60+		13	26.00	-5 laps	0:10:40	0:11:28	0:12:02	0:12:09	0:12:38	0:12:43	0:12:53	0:13:18	0:14:13	0:14:22	0:14:41	0:15:18	0:15:09	-	-	-	-	-
13	122	Ryan Whitburn	SM	Leith	12	24.00	-6 laps	0:09:27	0:09:31	0:09:33	0:09:39	0:09:57	0:09:29	0:09:58	0:10:31	0:11:02	0:12:01	0:11:10	0:12:53	-	-	-	-	-	-
14	103	Andrew Wilson	MM35+	Leith	12	24.00	-6 laps	0:17:33	0:10:23	0:10:37	0:10:40	0:10:55	0:10:44	0:11:00	0:11:57	0:11:29	0:11:16	0:11:43	0:11:09	-	-	-	-	-	-
15	124	Late Entry	SM		12	24.00	-6 laps	0:09:19	0:09:50	0:10:29	0:11:12	0:11:33	0:13:37	0:15:06	0:15:15	0:16:26	0:17:12	0:17:39	0:18:57	-	-	-	-	-	-
16	119	Wayne Stephenson	MM50+	Leith	12	24.00	-6 laps	0:12:34	0:13:17	0:13:25	0:14:05	0:14:51	0:14:44	0:15:12	0:16:32	0:15:24	0:15:19	0:14:48	0:14:56	-	-	-	-	-	-
17	106	David Liddell	MM35+	Leith	9	18.00	-9 laps	0:10:45	0:11:20	0:11:48	0:12:06	0:12:24	0:13:14	0:13:06	0:15:45	1:09:34	-	-	-	-	-	-	-	-	-
18	115	Lynne Kerr	MW60+	Caversham	8	16.00	-10 laps	0:16:29	0:20:15	0:22:02	0:22:13	0:22:24	0:21:17	0:21:20	0:22:31	-	-	-	-	-	-	-	-	-	-
19	120	Lara Findlater	MW50+	Caversham	5	10.00	-13 laps	0:17:25	0:17:54	0:17:59	0:17:52	0:17:31	-	-	-	-	-	-	-	-	-	-	-	-	-

Senior Women

1	101	Alice Cuthbert	SW	Leith	16	32.00	-2 laps
2	112	Laura Bungard	SW	Leith	16	32.00	-2 laps

Masters Women 50-59

1	120	Lara Findlater	MW50+	Caversham	5	10.00	-13 laps
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Masters Women 60+

1	115	Lynne Kerr	MW60+	Caversham	8	16.00	-10 laps
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Senior Men

1	117	Sean Galdeman	SM	Leith	18	36.00	2:52:58
2	114	Luke Henderson	SM	Leith	16	32.00	-2 laps
3	105	Bryan Staunton	SM	Leith	15	30.00	-3 laps
4	122	Ryan Whitburn	SM	Leith	12	24.00	-6 laps
5	124	Late Entry	SM		12	24.00	-6 laps

Masters Men 35-49

1	104	Ben Pigou	MM35+	Leith	18	36.00	2:52:01
2	118	Simon Perry	MM35+	Leith	16	32.00	-2 laps
3	109	Hamish Vodane	MM35+	Leith	16	32.00	-2 laps
4	103	Andrew Wilson	MM35+	Leith	12	24.00	-6 laps
5	106	David Liddell	MM35+	Leith	9	18.00	-9 laps

Masters Men 50-59

1	111	Jamie Ward	MM50+	Leith	16	32.00	-2 laps
2	113	Lee flowers	MM50+	Leith	15	30.00	-3 laps
3	119	Wayne Stephenson	MM50+	Leith	12	24.00	-6 laps

Masters Men 60+

1	121	Ian Morison	MM60+	Hill City Uni	13	26.00	-5 laps
2	107	Eric Scharpf	MM60+		13	26.00	-5 laps