



**CAVERSHAM**  
HARRIER & ATHLETIC CLUB

*We run  
marathons!*

## CROSS COUNTRY

Island Park Reserve 6 June 2024

### Caversham Cross Country Champions 2024

Category	Female		Male	
U12	Alena	Elder	Perry	Saker
U16	Menzie	Saker	Josh	Keogh
U20	No entries		No entries	
Open	Kerry	Rowley	Leon	Miyahara
Masters 35 - 49	Claire	Anderton	Jono	Ryan
Masters 50 - 59	Evelyn	Armstrong	Nick	Heng
Veteran 60+	Heather	Nelson	Ian	McDonald
Sealed Handicap	Esther	Sibbald	No qualifiers	
Walkers	Katherine	Van Der Vliet	Alex	Brown
Sealed Handicap	Janice	Hughes		

## CROSS COUNTRY

Island Park Reserve 6 June 2024

Event	Grade	First Name	Last Name	Race No.	Finishing Time	Finishing Order	Sealed Handicap
Open M 8K		Leon	Miyahara	204	0.021887	1	NE
MM 35-49 8K		Jonathan	Ryan	248	35:16	1	NE
MM 50-59 6K		Nicholas	Heng	129	36:16	1	
VM 60+ 4K		Ian	Mcdonald	64	19:09	1	
		Gordon	Wong	56	19:22	2	
		Hideo	Yoshihang	308	25:29	3	
		Neville	Scott	126	29:34	4	
U16 Boy		Josh	Keogh	85	08:56	1	
		Nate	Crawford	277	09:07	2	
U12 Boy		Perry	Saker	284	05:17	1	
		Lauchie	Keogh	318	06:04	2	





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Open W 6K		Kerry	Rowley	97	36:05	1	NE
MW 35-49 6K		Claire	Anderton	200	30:48	1	NE
		Esther	Sibbald	47	32:07	2	1
		Michelle	Hilliard	251	33:25	3	4
		Linda	Van Der Kroe	290	40:24	4	3
		Rebecca	Webster	11	43:08	5	5
MW 50-59 4K		Evelyn	Armstrong	48	21:21	1	
		Sara	de la Harpe	300	21:27	2	
		Lynne	Kerr	232	29:45	3	
		Lynley	Lamb	304	36:31	4	
VW60+ 4K		Heather	Nelson	306	30:51	1	
U16 Girl		Menzie	Saker	275	09:16	1	
		Samantha	Bell	305	09:56	2	
U12 Girl		Alena	Elder	311	05:58	4	
		Tillie	Anderton	270	06:25	5	

## CROSS COUNTRY

Island Park Reserve 17 June 2023

Event	Grade	First Name	Last Name	Race No.	Finishing Time	Finishing Order	Sealed Handicap
Walkers		Alex	Alex	Brown	22:42	1	NE
		Katherine	Katherine	Van Der	31:19	2	4
		Lara	Lara	Findlater	32:01	3	3
		Janice	Janice	Hughes	34:35	4	1
		Sean	Sean	Wong	36:23	5	2

