

## Overall

Place	Bib	Competitor	Club	Category	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Completec	km	
1	277	Matthew Adams		SM	2:36:44	0:08:49	0:08:58	0:09:00	0:09:22	0:09:10	0:09:34	0:09:51	0:10:03	0:09:26	0:09:55	0:10:15	0:10:13	0:10:22	0:10:25	0:10:28	0:10:53	16	32	
2	282	Shannon rhodes		MM35+	-2 laps	0:09:52	0:10:13	0:09:59	0:09:59	0:10:00	0:10:23	0:10:35	0:10:30	0:10:29	0:10:39	0:10:58	0:11:10	0:11:34	0:11:51	-	-	14	28	
3	273	Croydon Paton	Fiordland Athletic Club	MM50+	-3 laps	0:10:41	0:11:38	0:11:47	0:12:14	0:12:29	0:11:48	0:12:43	0:11:59	0:12:18	0:12:44	0:12:30	0:12:41	0:11:13	-	-	-	13	26	
4	278	Eric Scharpf	Hill City-University	MM50+	-5 laps	0:10:47	0:10:59	0:11:10	0:11:37	0:11:27	0:11:41	0:11:54	0:11:57	0:12:32	0:12:49	0:12:38	-	-	-	-	-	-	11	22
5	281	Sarah Rhodes	Hill City-University	MW35+	-5 laps	0:11:18	0:10:57	0:11:05	0:11:21	0:11:29	0:11:55	0:11:50	0:11:54	0:12:35	0:12:53	0:12:49	-	-	-	-	-	-	11	22
6	283	Pieter Burger		MM50+	-11 laps	0:16:35	0:18:38	0:19:18	0:19:30	0:19:33	-	-	-	-	-	-	-	-	-	-	-	5	10	

## MM35+

Place	Bib	Competitor	Club	Category	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Completec	km	
1	282	Shannon rhodes		MM35+	2:28:12	0:09:52	0:10:13	0:09:59	0:09:59	0:10:00	0:10:23	0:10:35	0:10:30	0:10:29	0:10:39	0:10:58	0:11:10	0:11:34	0:11:51		14	28

## MM50+

Place	Bib	Competitor	Club	Category	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Completec	km	
1	273	Croydon Paton	Fiordland Athletic Club	MM50+	2:36:45	0:10:41	0:11:38	0:11:47	0:12:14	0:12:29	0:11:48	0:12:43	0:11:59	0:12:18	0:12:44	0:12:30	0:12:41	0:11:13		13	26
2	278	Eric Scharpf	Hill City-University	MM50+	-2 laps	0:10:47	0:10:59	0:11:10	0:11:37	0:11:27	0:11:41	0:11:54	0:11:57	0:12:32	0:12:49	0:12:38	-	-		11	22
3	283	Pieter Burger		MM50+	-8 laps	0:16:35	0:18:38	0:19:18	0:19:30	0:19:33	-	-	-	-	-	-	-	-		5	10

## MW35+

Place	Bib	Competitor	Club	Category	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Completec	km	
1	281	Sarah Rhodes	Hill City-University	MW35+	2:10:06	0:11:18	0:10:57	0:11:05	0:11:21	0:11:29	0:11:55	0:11:50	0:11:54	0:12:35	0:12:53	0:12:49		11	22

## SM

Place	Bib	Competitor	Club	Category	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Completec	km
1	277	Matthew Adams		SM	2:36:44	0:08:49	0:08:58	0:09:00	0:09:22	0:09:10	0:09:34	0:09:51	0:10:03	0:09:26	0:09:55	0:10:15	0:10:13	0:10:22	0:10:25	0:10:28	0:10:53	16	32