

CLUB SYLLABUS 2024



CAVERSHAM HARRIER AND ATHLETIC CLUB

All runs and walks are listed
in the sports column (Harriers)
of the Otago Daily Times on
Thursday mornings

Please check the paper each week

In case of changes to the syllabus.

Also keep up to date with all the Club news on

<https://cavershamharriers.co.nz>

and on our [Facebook page](#).

ANNUAL SUBSCRIPTIONS

WALKERS AND RUNNERS

Competitive athletes:

23 years and over \$134

20 – 22 years \$125

15 - 19 years \$118

(refunded by the club)

7 - 14 years \$74

(13-14 refunded by the club)

6 years (may compete at Caledonian) \$47

Club only (Social) Athletes:

15 years and over \$76

(15-19 refunded by the club)

7 - 14 years \$53

(13-14 refunded by the club)

6 years and under \$22

Volunteer / Parent FREE

APRIL

- 6# Opening day at Clubrooms. Invite a friend
- 13 Hyde to Waipiata, Shunters & Grunters
- 20 Ted Brown / Summer Prize Giving
- 21 NZ Half Marathon Champs. Seniors & Masters
- 27 Lovelock Relays

MAY

- 4# Club Day. Clubrooms. Run/Walk Relays
- 11 Leith Cross Country Relays (Ponydales)
- 18 VP 5000. Bayfield Park
- 25 Run/Walk from Emersons

JUNE

- 1 Kings Birthday Club Day
- 8# Club Day. Clubrooms. Estimate 5 km run/walk
- 9 Barnes Cross Country
- 15 Club Day. Pineapple Track
- 22 Edmond Cup
- 29 Club Day. Matariki. Memorial run and walk

JULY

- 6 Club Cross Country
- 13 Club Day. Hoopers Inlet
- 14 Otago Cross Country Champs. Chisolm Park
- 20# Guests of Civil Service. TBC
- 27 Brighton – Green Island (Open)

AUGUST

- 3 Club Day. Waihola
- 10 Big Easy Hill Run. Athletics Otago
- 17 Club Day. Guests of President & Committee
- 24 Otago Road Champs
- 31 Club Run. Mystery event
The Great Naseby Water Race

SEPTEMBER

- 7 Winding Vine Relay
- 14 Club Day. Clubrooms
- 15 Emerson's Dunedin Marathon
- 21 Club Day. Outram
- 28 NZ Road Relay Champs. Taupo

OCTOBER

- 5# Closing Day and Prize Giving
- 12 *Balclutha Half Marathon*

Please bring a plate

EXTRAS

SOCIAL WALKS

Each Tuesday evening at 5:30 pm

Winter: Centre City New World by ride on toys

Summer: Corner of Queen St & Malvern St

Contact: Shona 021 335 225

SOCIAL RUNS

Each Monday & Wednesday evening at 5:45 pm

Winter: Outside Henry's Liquor, Hanover St

Summer: Cnr Cannington Rd & Pilkington St

Each Sunday morning at 9:00 am

By St Clair Saltwater Pool

PLEASE WEAR YOUR CLUB UNIFORM

Club information is updated regularly
via email, our website, Facebook
and Thursdays ODT

The Club events
Ted Brown, VP 5k, X Country and
Brighton-Green Island
are to be entered personally online at
www.cavershamharriers.co.nz

Patron: Jim Law

Life Members

M Sleeman, P Blackwood,
P Coakes, C Dick, M Giles, L Hill,
J Law, I McDonald, J Stinson,
D Stinson, B Watkins, K Columb,
A Watkins, C Giles, J Harrison,
M Vincent, K Fahey

Other events are to be entered personally
Online at the relevant websites.
Notice will be given in plenty of time.

Your Contacts

President

Ian McDonald 021 145 2387

Club Captains

Alison Newall 0274332035
Alistair McAlevey 0274749030
Keiran Columb (Walkers) 489 4027

Head Coach

Dave Stinson 027 366 1244
or 9266821

Uniform Steward

Nick Heng

nicholas.heng@otago.ac.nz

CAVERSHAM HARRIER AND ATHLETIC CLUB

MIDDLETON ROAD
DUNEDIN

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