

<u>Peggy Calder Masters Track Series</u> Caledonian Ground Summer 2006

1 Caversham points

SBS Christchurch Marathon, Half Marthon, 10k Walk & Marafun

Full Marathon			
Place Name	Time Ge	ender	Categ.
	PI	ace	Place
143 Kerry Rowley	3.30.28	16	13
Half Marathon			
39 Clinton Coker	1.18.52	36	25
1108 Kirsten Mills	1.58.13	365	250
10k Walk			
91 Rhondda Rowley	1.25.57	79	27
<u>Marafun</u>			
61 Ben Rowley	8.39	42	42

Ashley Duatholn NZ Duathlon Championships

Ashley North Canterbury 16 June 2007

Female Long Course 45-49

Name

Marion Maxwell	10k Run	6th	43.39
	Cycle	10	1.24.33
	5k Run	8	22.24
	Overall	7	2.30.36
	Cat.Place	1	

Female long course 50-54

remale long course	30-34		
Paula Anstey	10 Run	24	53.51
	Cycle	31	1.35.08
	5k Run	22	27.58
	Overall	27	2.56.57
	Cat.Place	3	

Balclutha Half Marthon 10k Run & 10k Walk

Balclutha 17 June 2007

Half	<u>Marathon</u>	
6	Clinton Coker	1.21.39
10	Ian McDonald	1.25.07
23	Tony McEntyre	1.32.11
33	Malcolm Giles	1.43.07
45	Ivan Bell	1.53.45
10k l	Run	
16	Gail Sharp	51.38
17	Suzanne Sharp	51.42
10k \	<u>Walk</u>	
1	Colin Dick	59.52
2	Karen Thompson	1.05.38
	Ion Daid Mamori	al Childre

lan Reid Memorial ChildrensRelays

Dunedin 17 June 2007

10 & under

Ben Rowley 3rd fastest 9.32

Club Cross Country Champs

Brockville Park 30 June 2007

After the postponement of the Edmund Cup events the previous weekend the Club Crosscountry at

Brockville Park on 30th June was held in perfect weather on a course that provided reasonable underfoot conditions considering the amount of rainfall experienced during the week. The unexpected arrival of the Soccer players forced some last minute alterations to the course causing some confusion although most competitors adjusted well to the revised layout.

There were some fine performances on display during the afternoon with Clinton Coker running particularly well in winning the Open Men's race in a good time of 30.03. Tony Payne, Lyndon Brown and Daniel Balchin in the U20 Men, Robert Brown and Royce Madigan in the U16 Boys, Marion Maxwell in the Masters Women and Malcolm Giles in the M50 were others who deserve mention along with John Landreth who was 2nd in the Open Men adding to his consistent race record.

It is good to have newer members Kirsten Mills, Sarah Stewart, Sally Van Rooyen and Murray Reynolds taking part in the various races and all seeming to enjoy the experience. Pauline Begg was another who achieved her goal of reducing her time from the previous year, a good effort on the heavy course.

Colin Dick continued his successful season in both Running and Walking sections by being first Walker home in the Crosscountry, While Karen Thompson and Gordon Cameron shared the same time of 28.30 in finishing 2nd and 3rd. Who was pacing there? It was bad luck for Jim Law on his first attempt at the Crosscountry to miss the loop at the bottom section of the course when going well. Thanks to the Social Committee members who provided the Soup and Saveloys for afterwards. It

provided the Soup and Saveloys for afterwards. It was much appreciated especially by our younger members after their Ice Cream entrée

Men 50+

IVIET 30+			
	1	Malcolm Giles	18.46
	2	Pat Sidon	20.41
	3	Jim Cartwright	20.53
	4	Ivan Bell	21.17
	5	Warren Tweedie	24.16
	6	Neville Madigan	24.40
		Maurice Burrowes	DNF
	Mast	<u>ers Women</u>	
	1	Marion Maxwell	24.50
	2	Maria Sleeman	27.07
	3	Kirsten Mills	31.37
	4	Sally Van Rooyen	31.58
	Mast	ers Men	
	1	Ken Fahey	38.07
	2	Murray Reynolds	40.29

Open Men Sealed Hdcp

S.E	S.B.S Christchurch 2007 Results Marathon					
O'II	Name	Time	Gen	Cat		
Place			PI	PI		
143	Kerry Rowley	3.30.26	16	36		
	Half M	<u>arathon</u>				
39	Clinton Coker	1.18.52	36	25		
1103	Kirsten Mills	1.58.13	362	246		
	<u>10km</u>	<u>Walk</u>				
92	Rhondda Rowley	1.25.57	80	27		
	Kids N	<u>llarafun</u>				
60	Ben Rowley	8.39	41	41		

Otago Cross Country Championships
Vaikouaiti Race Course 21 July 2007

In the children's race there are two spaces vacant 738 ran 7.12 (14th) and 587 ran 8.42(33rd)— if you know who these runners are could you please let me know. (Children who entered but haven't been recorded as finishing include Georgia Finnie, Alyssa Heller, Sophie Askin, Harrison Connor, George Woodhouse, Kawana Tokona, and Sam Watson

Girls	s 12 & U 1500m	
Jashsaih Tairi		8.04
Boy	s 12 & U 1500m	
10	Ben Rowley	6.55
11	Bradley Horne	7.07
11 14	Matthew Horn	7.38
ı		

Teams	Caversham	10,11,14 = 35pts
Men 16	3 & U 6000m	
4 F	Robert Brown	19.53
4 F 5 J	eff Notman	21.04
6 F	Royce Madigan	21.18
Master	s Women 35 6000	<u>m</u>
2 (Christine Montgome	ery 24.06
2 C 3 J	oanna Tokona	24.16
7 K	Cirsten Mills	28.56

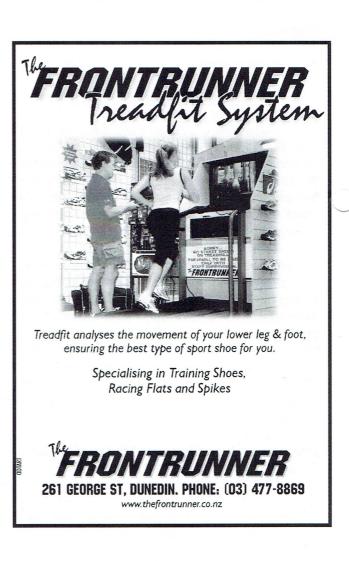
Teams	Caversham	2,3,7 = 12pts
Masters	Women 45+600	<u>00m</u>
2 Ma	rion Maxwell	21.57
3 Ma	ria Sleeman	23.55
2 Ma3 Ma7 Sa	lly Van Rooyen	28.26
ı		

Teams Caversham	2,3,7 =12
Men 19 & U 8000m	
2 Tony Payne	27.41
2 Tony Payne5 Daniel Balchin	29.56
Senior Women 8000m	
7 Kerry Rowley	36.43
Masters Men 35+ 8000m	
12 Ian McDonald	31.48
16 John Landreth	32.24
Masters Men 50+ 8000m	
1 Geoff Anderson	29.20
11 Ken Fahey	36.57
-	

Senio	r Men 12000m			
15	Colin Tocher		44.44	
16	Clinton Coker		44.57	
Open	<u>4000m</u>			
6	Karen Rowley		18.56	
	Murray Reynolds	3	19.08	
8	Suzanne Sharp		21.39	
l				



The new team head gear Definitely keeps the ears warm on a very cold day



more RESULTS...

1	Clinton Coker	30.03	4.45-34.48		
2	John Landreth		3.00-36.42		
Open Women					
1	Karen Rowley	29.34			
2	Sarah Stewart	32.51			
<u>U16</u>					
1	Robert Brown	14.57			
2	Royce Madigan	15.32			
<u>U20</u>					
1 2 3	Tony Payne		6.45-27.21		
2	Lyndon Brown		6.30-27.13		
	Daniel Balchin	22.14	6.00-28.14		
<u>Walk</u>					
1	Colin Dick		.09		
2	Karen Thompson	28.30			
3	Gordon Cameron	28.30			
4	Marilyn Noye	33.09			
5	Suzanne Robins		.14		
6	Patsy Mason		.20		
7	Rhondda Rowley	34	.27		
8	Rachael Burrowes		.38		
	Jim Law	DI	٧f		
Women 50					
1	Paula Anstey	21	.18		
2	Pauline Begg	25	.53		

<u>Brighton Green Island Road Races</u> Brighton 7 July 2007

These races were held on Saturday 7th in fine cool conditions ideally suited for road racing. A field of 26 lined up for the Senior Handicap race staring on the Brighton Domain with a number having their first experience of this event. The race provided a good spectacle with the back markers coming through strongly at the end which should always be the case in a handicap race.

Neville Madigan was first across the line in the Senior race after staring off go, a result that surprised him considering his self confessed lack of training. Phil Coakes staged a strong finish for second place while Lyndon Brown came home powerfully to finish 3rd and take 2nd fastest time of 32 39. Peter Blackwood held 4th just ahead of Tony Payne and Lyndon look to be in good form for the Otago Crosscountry Championships at Waikouaiti on July 21st.

Sally Van Rooyen was first Woman home in 5th place while Maria Sleeman, Marion Maxwell and Christine Montgomery finished 8th, 9th and 10th respectively with Marion recording the fastest time of 39.19. Claire Giles ran well in her first Brighton to Green Island race recording 44.59 and seeing off Husband, Malcolm in the process.

Marilyn Noye was first home among the Walkers in 1.20.11 a good effort from a first year member. Colin Dick recorded fastest time of 1.03.05 from Gordon Cameron 1.07.35 with Karen Thompson Fastest Woman with 1.08.20.

Thanks to our Life Members for their hospitality to the rest of the Club which is always much appreciated on Brighton Green Island day.

Sanio	or Race				
		Tir	ne F	Time	PI.
					26
	•		0.44.16		13
					2
4	Peter Blackwood		0.57.21		25
5	Tony Payne		0.32.31		1
6	Sally Van Rooyen		0.52.32		23
	Clinton Coker		0.35.04		3
					17
					8
-					7
					10
					5
					6
					19
	•				18 22
					4
					21
					24
	Claire Giles				14
21	Karen Rowley		0.45.48		15
22	Ivan Bell		0.50.19		20
	Malcolm Giles		0.46.38		16
	Kerry Rowley				12
					9
			0.43.44		11
			05.00		
			-05.00		6
			1 20 11		6
					6 7
2					
4					3
5					8
					5
	Gordon Cameron				2
8	Jim Law		1.11.48		9 3 8 5 2 4
9	Colin Dick		1.03.05		1
	Rachael Burrowes		DNF		
	Place 1 2 3 4 5 6 7 8 9 10 11 2 13 14 15 6 17 8 9 10 11 2 13 14 15 6 17 8 19 20 1 22 23 24 5 6 7 8 10 10 10 10 10 10 10 10 10 10 10 10 10	2 Phil Coakes 3 Lyndon Brown 4 Peter Blackwood 5 Tony Payne 6 Sally Van Rooyen 7 Clinton Coker 8 Murray Reynolds 9 Maria Sleeman 10 Marion Maxwell 11 Christine Montgomery 12 lan McDonald 13 John Landreth 14 Kristin Mills 15 Jim Cartwright 16 Sarah Stewart 17 Daniel Balchin 18 Paula Anstey 19 Rosanda Fajt 20 Claire Giles 21 Karen Rowley 22 Ivan Bell 23 Malcolm Giles 24 Kerry Rowley 25 Royce Madigan 26 Greg Welsh Junior 4km. 1 Robert Brown Walkers 1 Marilyn Noye 2 Patsy Mason 3 Rhondda Rowley 4 Karen Thompson 5 Peter Anstey 6 Kieran Columb 7 Gordon Cameron 8 Jim Law 9 Colin Dick	Place Name Tir Neville Madigan Phil Coakes Lyndon Brown Peter Blackwood Tony Payne Sally Van Rooyen Clinton Coker Murray Reynolds Maria Sleeman Marion Maxwell Christine Montgomery In McDonald Sarah Cartwright Sarah Stewart Daniel Balchin Rosanda Fajt Claire Giles Karen Rowley Rosanda Fajt Claire Giles Karen Rowley Rosanda Giles Karen Rowley Rosanda Fajt Robert Brown Makers Marilyn Noye Patsy Mason Rhondda Rowley Karen Thompson Peter Anstey Kieran Columb Gordon Cameron Jim Law Colin Dick	Place Name Time F 1 Neville Madigan 1.00.11 2 Phil Coakes 0.44.16 3 Lyndon Brown 0.32.39 4 Peter Blackwood 0.57.21 5 Tony Payne 0.32.31 6 Sally Van Rooyen 0.52.32 7 Clinton Coker 0.35.04 8 Murray Reynolds 0.47.40 9 Maria Sleeman 0.41.49 10 Marion Maxwell 0.39.27 11 Christine Montgomery 0.43.28 12 Ian McDonald 0.37.59 13 John Landreth 0.30.19 14 Kristin Mills 0.49.20 15 Jim Cartwright 0.48.57 16 Sarah Stewart 0.51.35 17 Daniel Balchin 0.35.43 18 Paula Anstey 0.50.21 19 Rosanda Fajt 0.53.56 20 Claire Giles 0.44.59 21 Karen Rowley 0.45.48 22 Ivan Bell 0.50.19 23 Malcolm Giles 0.46.38 24 Kerry Rowley 0.40.03 25 Royce Madigan 0.42.11	Place Name Time F Time 1 Neville Madigan 1.00.11 2 Phil Coakes 0.44.16 3 Lyndon Brown 0.32.39 4 Peter Blackwood 0.57.21 5 Tony Payne 0.32.31 6 Sally Van Rooyen 0.52.32 7 Clinton Coker 0.35.04 8 Murray Reynolds 0.47.40 9 Maria Sleeman 0.41.49 10 Marion Maxwell 0.39.27 11 Christine Montgomery 0.43.28 12 Ian McDonald 0.37.59 13 John Landreth 0.30.19 14 Kristin Mills 0.49.20 15 Jim Cartwright 0.48.57 16 Sarah Stewart 0.51.35 17 Daniel Balchin 0.35.43 18 Paula Anstey 0.50.21 19 Rosanda Fajt 0.53.56 20 Claire Giles 0.44.59 21

