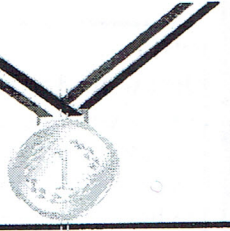




RESULTS



Port Road Races

Port Chalmers September 25 2004

Place	Name	Time	O/ll Place	Time Place
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Men Handicap

6	Ian McDonald	47.38	7	8
15	Malcolm Giles	1.05.09	20	31
18	John Landreth	53.17	23	22
22	Ivan Bell	1.06.34	32	33
27	David Sharp	50.53	40	15
28	Ken Fahey	56.22	41	26

Teams Race:

5	Caversham	6,15,18		39
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Women's Handicap

9	Christine Montgomery	56.48	29	5
10	Julie McMahon	1.04.24	30	14
14	Paula Anstey	1.07.34	34	15
16	Alison Newall	1.14.02	49	17

Teams Race

3	Caversham	9,10,14		33
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Frank Perry Memorial Trophy (six person team men or women)

5	Caversham	7,20,23,29,30,32		141
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Men Under 20 Handicap

2	Richard Olsen	16.06	2	1
3	Tony Payne	18.16	4	5
5	Lyndon Brown	17.18	6	3
7	Robert Brown	20.04	10	8
8	Royce Madigan	20.35	11	9

Teams Race

1	Caversham	2,3,5		10
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Dever Trophy (Under 20 Men aggregate)

Caversham

Nickells Cup (Men's Aggregate Port And Road Champs)

2	Caversham	16+39 55
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The Fronrunner National Road Relays

Nelson 2 October 2004

Senior Men C

Laps 1	Dave Sharp	43.39 (4.33)	51	17MM
2	Ken Fahey	39.19 (4.06)	54	10MM50
3	Kerry Rowley	33.03 (4.21)	56	3SW
4	Geoff Anderson	34.43 (3.20)	19-	6-MM
5	Alistair McAlevey	31.19 (4.20)	51	18MM
6	John Landreth	43.51 (4.52)	55	16MM
7	Ian McDonald	35.50 (3.37)	36-	11MM

5		4.21.44		
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Junior Men

Lap1	Rene Robb	24.55 (3.40)	14-	14JM
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Lap2	Bevan Stevens	20.47 (4.14)	12	12JM
	Chad Cowie	23.53 (3.55)	20	18JM
	Tony Payne	27.07 (4.27)	17	15JM
	Lyndon Brown	22.57 (3.22)	7	7JM
	Richard Olsen	26.32 (3.17)	9	9JM

13		2.34.11		
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Composite

Lap1	C Montgomery	28.49 (4.14)	40	6Comp
	Steve Munro	34.19 (5.03)	33	6Comp
	Maria Sleeman	25.02 (4.06)	24	3Comp
	Karen Rowley	32.19 (5.18)	43	9Comp
	Royce Madigan	28.52 (4.15)	37	5Comp
	Dave McCormack	27.54 (3.27)	14	1Comp

2		2.57.15		
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Hill Free Half Marathon

Outram 10th October 2004

L.Line	Grade.	Name	Grade	Time
Place	Place			
23	2	C Montgomery	MW35	1.38.35

Hill Free 10k Run

11	2	John Landreth	MM35	41.00
58	6	Colin Dick	MM50	49.03
70	4	Paula Anstey	MW45	50.45
82	9	John Stinson	MM50	55.05
86	6	Allison Newall	MW35	55.44
111	10	Pauline Begg	MW45	1.05.56

Hill Free 10k Walk

1	Gail Sharp	OW	1.02.09
4	Marlene Dick	MW45	1.09.02
16	Ian Dick	MM50	1.15.00
18	Peter Anstey	MM50	1.15.34
41	Colleen Eckhoff	OW	1.20.48
67	Lorraine McLeod	OW	1.25.56
107	Patsy Mason	MW45	1.31.15

Athletics Otago Prog.C + Weight Pentathlon

Dunedin 9th October 2004

Women's Mixed Grade 70m

7	Allison Newall	MW	12.31
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Women's Mixed 145m

5	Allison Newall	MW	25.34
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Men Mixed Grade 300m

4	Richard Olsen	M19	37.88
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more RESULTS...

Mixed 300m

4 Allison Newall MW 57.17

M14 Scissor High Jump

1 Robert Brown M14 1.50

Otago Prog.A

Dunedin 16th October 2004

Mixed Grade 400m

2 Richard Olsen M19 52.42

Mixed Grade 1500m

4 Geoff Anderson MM 4.41.09
8 Ian McDonald MM 4.53.49
11 Dave Sharp M40 4.58.52
20 Kerry Rowley SW 5.37.81

Otago Prog. B

Dunedin 23rd October 2004

Men Mixed Grade

4 Alastair May M16 13.78
5 John Landreth MM 14.16

Women Mixed Grade 100m

5 Allison Newall MW 34.50

Women Mixed Grade 400m

4 C. Montgomery MW 75.94

Men Mixed Grade 1500m

1 Richard Olsen M19 4.00.80
11 John Landreth MM 4.58.88
12 Ken Fahey MM 5.17.34

Women Mixed Grade 1500m

8 C. Montgomery MW 5.30.83
9 Kerry Rowley SW 5.33.41

Hurring Relays

Dunedin 30th October 2004

Mixed Grade 100m (non scoring)

2 Alison Newall MW 15.8**
Hand times

Mixed Grade 1500m (non scoring)

2 Kerry Rowley SW 5.44.32
3 C. Montgomery MW 5.48.59

Women Mixed Grade 4x800m

6 Caversham 12.10.14

Men Mixed Grade

10 Geoff Anderson MM 9.30.13
12 Lyndon Brown M16 9.44.81
15 Tony Payne M16 9.53.25

Team

4 Caversham 10,12,15

Women Shot

3 Allison Newall 5.70

Hurring Relay Total Points

Men

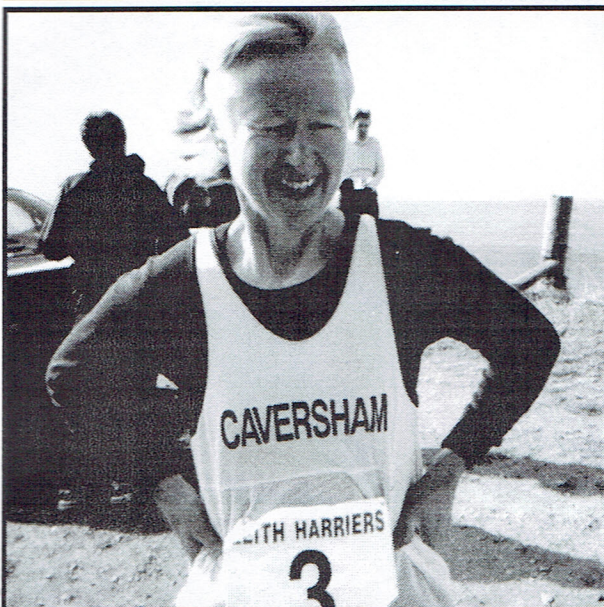
5 Caversham Shot 0 Discus 0

Women

5 Caversham Shot 0 Discus 0

Both

5 Shot 0 Discus 0



Hard work but I can still smile.

COAST ROAD RELAY



Damn these stubborn pins!