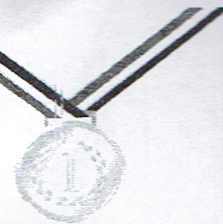


RESULTS



Summer Programme

Programme A

Caledonian Ground Dunedin

18 October 2003

100m Women B Grade wr-2.6

Place	Name	Grade	Time
7	Allison Newall	MW	17.44
200m Men B Grade wr-0.6			
4	K.George	M17	26.85
Women.-1.8			
6	Allison Newall	MW	35.29
400m Women B Grade wr-3.5			
3	Karen Rowley	SW	75.36
5	Allison Newall	MW	81.86
800m Women -1.6			
6	Christine Montgomery	MW	2.47.30
1500m Men			
11	Lyndon Brown	M15	4.49.27
Women			
6	Kerry Rowley	SW	5.22.19
13	Christine Mongomery	MW	5.41.89
15	Karen Rowley	SW	6.18.53
Hammer			
2	Karl George	M17	23.66
Shot Put			
4	Stephen Bradley	M17	10.06
5	Karl George	M17	9.00
Long Jump			
1	Allison Newall	MW	2.97 Nwr

Programme A

Caledonian Ground Dunedin

8 November 2003

100m Women B Grade

8 Allison Newall MW 16.89

200m Women

6 Allison Newall MW 36.13

Men B Grade

2 Karl George M17 27.76

Women B Grade

3 Allison Newall MW 82.09

800m Women

10 Christine Montgomery MW 2.50.16

1500m Men

6 Chad Cowie M17 4.52.47

7 Jason Johnston M17 4.53.86

Women

3 Kerry Rowley SW 5.24.02

8 Christine Montgomery MW 5.52.30

Shot Put Men

3 Ivan Bell MM 6.94

Women

1 Allison Newall MW 5.74

Hammer

2 Karl George M17 28.05

3 Stephen Bradley M17 20.37

Javelin

4 Stephen Bradley M17 26.27

6 Karl George M17 17.69

Place	Name	Grade	Time
Long Jump			
1	Allison Newall		3.15 +3.4 NLJ

Programme A

Caledonian Dunedin

22 Nov. 2003

100m Women B Grade

7 Allison newall MW 16.95

200m Mixed

8 Allison Newall MW 35.75

400m Men

7 Karl George M17 61.56

Women

6 Allison Newall MW 81.94

800m Mixed

5 Christine Montgomery MW 2.46.06-

1500m Mixed

5 Christine Montgomery MW 5.34.1

3000m Open

17 Ian McDonald MM 10.03.68

18 Lyndon Brown M17 10.10.53

21 Chad Cowie M17 10.21.24

22 Jason Johnston M17 10.24.82

Shot Put

4 Stephen Bradley M17 9.47

2 Karl George M16 10.18

Women

3 Allison Newall MW 5.67

Hammer

1 Karl George M17 38.53

3 Stephen Bradley M17 20.32

Long Jump

1 Allison Newall MW 2.98 wr 10.2

Programme A

Caledonian Dunedin

10 Dec. 2003

100m Mixed

3 Allison Newall MW 16.40

4 Christine Montgomery MW 17.00

200m Mixed

2 Clinton Coker SM 28.35

6 Allison Newall MW 34.94

400m Mixed

6 Christine Montgomery MW 78.15

800m Mixed

4 Christine Montgomery MW 2.45.94

1500m Mixed

7 Clinton Coker SM 4.51.59

3000 Mixed

3 Clinton Coker SM 11.08.17

Shot Put Women

3 Allison Newall MW 5.59

Javelin

3 Allison Newall MW 12.33

Long Jump

1 Allison Newall MW 3.03

more RESULTS...

Programme A

Caledonian Dunedin

17 Jan. 2004

100m Women

3 Allison Newall MW 17.03
wr +4.9
NLJ

200m Mixe

7 Allison Newall MW 35.44
wr-3.2
wr-5.8

400m Mixed

6 Christine Montgomery MW 75.61
7 Allison Newall MW 84.52

800m Mixed

4 Christine Montgomery MW 2.48.23

1500m Men

5 Lyndon Brown 4.37.53
13 Clinton Coker SM 4.59.60

Mixed

5 Joanna Tokona SW 5.26.83

3000m Mixed

8 Clinton Coker SM 11.10.79
11 Maria Sleeman MW 11.56.77

2000m Steeplechase

1 Karl George M17 10.55.16

Shot Put Women

1 Allison Newall MW 5.82

Javelin

1 Stephen Bradley M17 29.38
3 Karl George M17 23.19

Hammer

1 Karl George M17 27.85
2 Stephen Bradley M17 20.07

Programme B

Caledonian Dunedin

24-25 January 2004

100m Women

3 Allison Newall MW 17.34 -3.5
4 Christine Montgomery MW 17.51 -3.5

200m Mixed

5 Allison Newall MW 35.01 NWR
Place Name Grade Time

1500m Mixed

8 Maria Sleeman MW 5.35.59

5000m Otago Champs

17 Joanna Tokana SW 18.32.99

Shot Put

1 Karl George M17 10.28
2 Stephen Bradley M17 10.05

Masters Games

Caledonian Dunedin

30th Jan. 1st Feb 2004

Place Name

100m W40 Time
2 Allison Newall 16.53 -0.9

200m W40

3 Allison Newall 34.43 -1.8

400m W40

3 Maria Sleeman 1.13.53

4 Allison Newall 1.17.96

400m W50

1 Pauline Begg 1.48.68

400m M60

3 Colin Dick 1.17.16

800m W40

2 Maria Sleeman 2.48.04

3 Allison Newall 3.10.77

800m M45

1 Geoff Anderson 2.12.33

800m M60

2 Colin Dick 3.02.27

1500m W35

1 Christine Montgomery 5.38.17

1500m W40

1 Maria Sleeman 5.27.40

1500m M45

1 Geoff Anderson 4.29.81

1500m M60

3 Colin Dick 5.48.62

3000m W35

1 Christine Montgomery 11.55.14

3000m W40

1 Maria Sleeman 11.41.37

3000m M60

2 Colin Dick 12.37.76

2000m Steeplechase M50

2 Ian McDonald 7.24.34

2000m Steeplechase M60

1 Colin Dick 8.58.92

Long Jump W40

2 Allison Newall 3.29m -0.3

Shot Put W40

5 Allison Newall 5.22m

5K Walk

4th February 2004

Men 50-54

7 Gordon Cameron 32.56 12

Men 65-69

4 Ian Dick 37.28 77

Place Name

Time O/PL

Women 40-44

1 Gail Sharp 30.39 11

Women 50-54

24 Jenny Tackney 40.31 155

Women 55-50

10 Marilyn Perry 38.49 118

Half Marathon Walk

1st February 2004

6 Gail Sharp 2.17.01 40-44

7 Gordon Cameron 2.19.27 50-54

50 Ian Dick 2.48.03 65-69

10K Walk

Men 65-69

2 Ian Dick 1.13.50 102

Women 35-39

30 Kathryn Dick 1.35.34 366

Women 40-44

Even More Results

1	Gail Sharp	1.01.08	23
Women 55-59			
4	Marilyn Perry	1.15.58	134
14	Patsy Mason	1.22.01	240
<u>Half Marathon Run</u>			
<u>8th February 2004</u>			
Men 60-64			
4	Colin Dick	1.42.01	82
<u>10K Run</u>			
<u>4th February 2004</u>			
Men 40-44			
10	Colin Lang	47.02	41
Men 60-65			
3	Colin Dick	46.33	40
<u>Twilight Meeting</u>			
<u>Caledonian Dunedin</u>			
<u>7th February 2004</u>			
800m			
4	Bevan Stevens	M20	2.00.07
1500m			
11	Lyndon Brown	M15	4.29.83
1500m Mixed			
4	David Sharp	MM	4.57.11
8	Joanna Tokana	SW	5.17.01
3000m			
6	Bevan Stevens	M20	10.05.14
Shot Put			
2	Karl George		11.85
3	Hanon Huston		10.79
4	Stephen Bradley		10.69
<u>Programme A</u>			
<u>Caledonian Dunedin</u>			
<u>14th February 2004</u>			
100 m M17			
2	Karl George	M17	12.96 +1.5
3	Stephen Bradley	M17	13.16 +1.5
100m Women			
8	Alison Newall	MW	16.12
200m Women B Grade			
5	Allison Newall	MW	34.02 +2.7
400m Women			
5	Christine Montgomery	MW	74.36
800m Men B Grade			
3	Chad Cowie	M17	2.13.39
4	Lyndon Brown	M15	2.17.57
800m Women			
6	Christine Montgomery	MW	4.23.65
1500m Mixed			
5	Geoff Anderson	MM	4.23.75
3000m Mixed			
13	Maria Sleeman	MW	11.47.92
Shot Put			
3	Bevan Stevens	M20	9.38
M17 Shot Put			
2	Karl George	M17	10.88
4	Stephen Bradley	M17	10.52

Shot Put Masters Women			
2	Alison Newall	MW	6.03
M17 Hammer			
1	Karl George	M17	24.54
2	Stephen Bradley	M17	17.99
M17 Long Jump			
2	Karl George	M17	5.2 +0.5
4	Stephen Bradley	M17	4.9 +1.9
<u>Athletic Otago Championships</u>			
<u>Caledonian Dunedin</u>			
<u>21-22 February 2004</u>			
100m Women 35+			
3	Alison Newall		16.0 1.3
200m Women 35+			
3	Alison Newall		34.31 2.1
400m Women 35+			
3	Maria Sleeman		1.11.83
7	Alison Newall		1.16.21
800m Women 35+			
3	Maria Sleeman		2.40.24
1500m Women 35+			
3	Maria Sleeman		5.31.01
Women 35+ Long Jump			
3	Alison Newall		3.05 2.7
Women 35+ Shot Out			
5	Alison Newall		5.86
800m Men U15			
1	Lyndon Brown		2.19.9
800m Men 15-16			
7	Chad Cowie		2.15.64
800m Men 17-19			
7	Bevan Stevens		2.00.79
800m Men 35+			
1	Geoff Anderson		2.08.38
1500m Men U15			
2	Lyndon Brown		4.37.27
1500m Men U17			
7	Chad Cowie		4.44.86
1500m Men 35+			
1	Geoff Anderson		4.22.42
Men 15-16 Shot Put			
4	Stephen Bradley		11.00
Men 15-16 Discus			
5	Stephen Bradley		27.20
Men 15-16 Hammer			
4	Stephen Bradley		19.76
<u>Programme B</u>			
<u>Caledonian Dunedin</u>			
<u>28th February 2004</u>			
100m Mixed			
4	Karl George	M17	13.20 -1.7
200m Mixed			
1	Karl George	M17	27.27 -1.8
800m Men			
4	Geoff Anderson	MM	2.11.76