

RACE RESULTS

Ted Brown Memorial

			T/P
1	W Lucas	5.08	6
2	G Anderson	4.21	1
3	R Cain	5.22	7
4	A Green	4.24	2
5	A Shelling	4.27	3
6	P Johnson	4.28	4
7	E Jones	5.31	8
8	P Blackwood	5.36	9
9	N Madigan	5.51	11
10	A Simpson	4.45	5
11	L Greene	5.49	10
12	M Ufton	6.22	12

Colts U18

1	T Theropoulos	4.56	1
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Women U18

1	Kath Thomas	5.30	1
2	Kelly Thomas	5.35	2
3	S Graham	5.40	3

LOVELOCK RELAYS

Mens A Grade (Team 3rd)

Lap			
1	A Green	4.14	
2	G Anderson	4.09	
3	P Johnson	4.24	
4	N Gaudin	4.18	
5	A Shelling	4.18	
6	B Martin	4.17	

Mens B Grade (Team 3rd)

Lap			
1	B Dellow	4.30	
2	T Theropoulos	4.49	
3	W Lucas	5.08	
4	D Peacock	4.58	
5	T Day	5.19	
6	D Irvine	4.38	

McStay Cup

			T/P
1	R O'Neill	4.52	1
2	G Walsh	5.02	2
3	J Cartwright	5.52	3
4	W Tweedie	6.35	4

Women's 1500m

1	C Foote	6.03	1
2	T Cassidy	6.47	2
3	G Ford (WU18)	7.16	3
4	M Torrance	7.20	4

Girls U16

1	K Willcocks	6.09	1
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Girls U14

1	P Giles	5.54	1
2	A Chapman	6.07	2
3	E Chapman	6.13	3

Veterans Grade (Team 7th)

1	P Turnbull	6.17
2	E Jones	5.31
3	G Hay	5.22
4	J Stinson	5.50
5	N Madigan	5.57
6	R Cain	5.35

Womens A Grade (Team 6th)

1	S Graham	5.32
2	Ke Thomas	5.47
3	Ka Thomas	5.54
4	N Rillstone	5.13

Womens B Grade (Team 3rd)

1	P Giles	5.52
2	E Chapman	6.13
3	A Chapman	6.35
4	R Porter	5.28

VICE PRESIDENTS 5000M

Senior Men/Women/U18 Colts

1	N Madigan	21.33	18	19	W Lucas	20.03	10
2	T Theropoulos	18.10	6	20	T Day	20.14	11
3	B Watkins	23.43	24	21	R O'Neill	18.52	9
4	J Cartwright	22.36	20	22	M Ashton	22.26	1(SW)
5	A Simpson	17.37	5	23	B Murphy	24.28	27
6	G Dowland	20.24	12	24	W Tweedie	24.21	26
7	G Walsh	18.39	8	25	K Gough	24.19	25
8	B Sleeman	20.41	13	26	J Law	22.56	21
9	A Green	15.58	1	27	I McDonald	20.44	14
10	J Stinson	21.48	19	28	L Greene	23.20	22
11	B Martin	16.20	2	29	M Torrance	28.31	2(SW)
12	P Turnbull	23.27	23	30	K Columb	29.14	28
13	B Dellow	16.30	3				
14	D Jackson	21.01	16		Girls U18 3000m		T/P
15	P Braam	20.49	15	1	S Graham	12.17	1
16	P Johnson	16.58	4	2	K Urquhart	12.35	2
17	G Hay	21.25	17				
18	M Gray	18.32	7		Girls U14 2000m		
				1	P Giles	9.09	1

RACE RESULTS

EDMOND CUP - June 20th 1992

Senior Men

2 G Anderson	34.08
7 A Green	34.39
9 T Sidon	34.55
15 B Dellow	35.22
28 N Gaudin	37.38
34 A Simpson	38.09
44 R O'Neill	39.40
79 E Jones	46.40
82 G Dowland	47.38
85 G Wilden	48.44
88 N Madigan	49.31

Senior Women

9 R Porter	20.31
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Girls U14

2 P Giles	
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RACE RESULTS

ATHLETES SHOP CROSS COUNTRY RELAYS - 23 May 1992

Senior Men No.1
 A Simpson 11.24
 P Johnson 10.34
 N Gaudin 11.22
 B Martin 10.27
 B Dellow 10.42
 G Anderson 9.52

Senior Men No.2
 P Braam 13.54
 G Dowland 13.25
 T Theropoulos 12.20
 M Gray 12.08
 B Sleeman 13.49
 I McDonald 13.11

Vet. Men
 S Melville 8.27
 P Turnbull 9.37
 E Jones 8.52
 L Dey 8.05

Team 3rd: 64.21

Team 14th: 78.47

Team 12th: 35.01

Senior Women No.1
 R Porter 8.00
 S Graham 8.16
 Ke Thomas 8.29
 M Ashton 8.47

Senior Women No.2
 K Urquhart 8.44
 Ka Thomas 9.11
 P Gillies 10.20
 C Foote 9.16

Senior Women No.3
 J Malcolm 10.31
 B Hurring 10.46
 A Chapman 10.56
 M Torrance 11.38

Team 3rd: 33.32

Team 7th: 37.31

Team 11th: 43.51

CLUB CROSS COUNTRY - TAIERI COURSE - 11 July 1992

Senior Men
 B Dellow 44.08
 D Peacock 52.22
 I McDonald 53.20
 W Lucas 55.26
 L Greene 55.54
 G Dowland 57.59
 G Wilden 58.44
 P Braam 59.33
 J Egan 60.10

Vet. Men
 G Walsh 39.05
 R Cain 43.03
 E Jones 44.20
 J Cartwright 45.18
 N Madigan 46.50
 K Gough 48.49
 P Blackwood 49.07
 J Cain 54.09

Senior Women
 R Porter 22.10
 C Foote 24.17
 M Torrance 31.16

Boys U 18
 B Martin 17.29
 T Theropoulos 19.02

Girls U 18
 K Urquhart 22.17

Girls U 14
 P Giles 16.20

COAST RELAY

A Grade Women
 1 Ke Thomas 8.48
 2 R Porter 11.36
 3 C Foote 7.17
 4 M Ashton 10.26
 5 S Graham 13.11
 6 N Rillstone 11.59

Nett time 63:17 3rd

16k Road Race
 E Jones 78.34
 P Blackwood 78.35

BRIGHTON - GREEN ISLAND - 1 August 1992

		TP				
1	J McDonnell	39.54	2SW	9	J Egan	41.40 15
2	M Ufton	47.07	20	10	R Porter	38.43 1SW
3	J Cartwright	41.07	13	11	C Foote	41.51 3SW
4	K Gough	41.37	14	12	A Simpson	33.53 3
5	R O'Neill	33.46	2	13	B Murphy	42.56 17
6	B Sleeman	39.51	9	14	G Walsh	35.15 4
7	B Dellow	32.01	1	15	D Peacock	36.20 5
8	P Braam	39.25	7	16	M Torrance	51.22 4SW
				17	E Jones	40.42 10
				18	G Dowland	40.44 11
				19	R Cain	38.54 6
				20	J Stinson	41.56 16
				21	P Blackwood	42.59 18
				22	N Madigan	43.44 19
				23	I McDonald	39.44 8
				24	P Coakes	40.54 12

PENINSULA RELAY - 25 July 1992

Mens No.1		Mens No.2		Mens No.3	
1 N Gaudin	16.06	G Dowland	19.25	W Tweedie	22.50
2 R O'Neill	12.31	G Hay	16.03	K Gough	16.03
3 B Dellow	16.41	I McDonald	19.08	P Blackwood	22.22
4 A Green	21.05	W Lucas	24.26	J Cartwright	26.34
5 M Gray	10.43	J Egan	12.49	B Terito	14.25
6 A Simpson	15.52	P Braam	19.13	J Stinson	20.18
7 G Anderson	24.35	D Peacock	30.04	O Wilson	31.47
8 B Martin	11.22	T Theropoulos	12.44	R Murphy	15.36
20th 2:08:55	3 TP	24th 2:33:52	26 TP	27th 2:49:55	36 TP

Vet. Men		Senior Women	
1 C Dick	18.27	M Ashton	20.20
2 R Cain	14.39	Ka Thomas	16.04
3 G Walsh	18.56	R Porter	19.53
4 N Madigan	28.12	S Graham	28.32
5 E Jones	12.30	Ke Thomas	12.59
6 C Geary	17.35	M Torrance	24.45
7 L Dey	32.06	C Foote	35.35
8 S Melville	13.59	K Urquhart	15.05
30th 2:36:24	28 TP	36th 2:53:13	38 TP

OTAGO CROSS COUNTRY - WAIKOUAITI - 18 July 1992

Senior Men 12000m		Vet. Men 8000m		Senior Women 6000m	
G Anderson	38.40 2	G Walsh	31.56 23	R Porter	25.25 7
B Dellow	42.27 18	L Dey	33.24 30	M Torrance	31.56 15
A Simpson	46.57 29	R Cain	34.20 33		
G Wilden	55.10 42	N Madigan	37.44 42	Women U 18 4000m	
G Dowland	55.25 44	P Blackwood	37.46 43	S Graham	17.12 1
P Braam	55.44 45			K Urquhart	17.14 2
		Men U 18 8000m		Girls U 14 3000m	
		B Martin	27.31 1	P Giles	13.54 3

PORT CHALMERS - DUNEDIN ROAD RACE - 15 August 1992

TP		TP		Men U20		TP	
4 G Anderson	38.54 1	85 K Gough	56.10 94	1 T Theropoulos	17.09 3		
24 I McDonald	50.26 63	100 G Wilden	57.26 97	9 B Martin	15.42 1		
38 B Sleeman	51.27 70	102 P Blackwood	58.52 101			Women U20	
39 D Peacock	48.29 48	107 R Murphy	60.16 106	2 P Giles	22.45 9		
58 N Madigan	56.03 93	109 T Day	58.09 98	5 S Graham	19.44 2		
64 R O'Neill	45.47 28	110 J Cain	65.03 111	10 N Rillstone	19.50 3		
71 A Sidon	42.18 5						
75 J Cartwright	55.05 87	Women					
77 P Braam	52.38 78	19 R Porter	52.13 8				
78 R Cain	52.11 75	24 M Torrance	69.39 25				

CLYDE - ALEXANDRA - 29 August 1992

5 B Martin	33.26 1st JM	83 R Porter	42.03 3 W	Colts	
11 B Dellow	33.53 10	91 E Jones	42.45 24 VM	1 T Theropoulos	
22 N Gaudin	35.23 17	98 G Dowland	43.23 54		22.07 1
34 R O'Neill	36.28 24	101 D Jackson	43.35 27 VM		
38 M Gray	36.56 25	103 R Murphy	43.48 28 VM	J. Women	
48 G Walsh	38.10 9 VM	108 P Blackwood	44.28 30 VM	2 N Rillstone	
68 D Peacock	40.30 41	111 J Stinson	45.03 31 VM		23.57 1
70 O Wilson	40.39 42	119 M Ashton	46.54 11 W		
77 I McDonald	41.14 47				

ATHLETIC RESULTS - CALEDONIAN GROUND

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OCTOBER 10	Senior Men	2000m	B. Martin	1st	5:47.5
	Girls U14	Highjump	M. Cameron	2nd	1.37m

OCTOBER 17	Sen. Men 'B'	800m	R. O'Neill	2nd	2:21.4
	"	"	I. McDonald	3rd	2:24.8
	"	Relay 4x100m	CAVERSHAM	1st	57.2
	"	Discus	I. McDonald	1st	21.92m
	"	"	R.O'Neill	3rd	18.08m
	Men U18	3000m	T.Harris	2nd	10:05.8
	"	"	T.Theropoulos	4th	10:52.0
	Boys U16	800m	C.Harris	1st	2:19.7
	Vet Men	800m	P.Blackwood	5th	2:52.1
	"	"	K.Gough	6th	2:59.9
	Girls U14	Hurdles 70m	P.Giles	2nd	17.8
	"	Shot Put	P.Giles	1st	6.29m
	"	Long Jump	P.Giles	2nd	3.41m

OCTOBER 24	Sen. Men 'B'	1500m	J.Harris	5th	5:36.2
	"	10,000m	R.O'Neill	2nd	37:14.0
	"	Relay 4x100m	CAVERSHAM	4th	1:01.4
	"	Hammer Throw	R.O'Neill	3rd	14.10m
	"	Long Jump	R.O'Neill	3rd	4.62m
	Men U20	Long Jump	S.Crooks	2nd	6.12m
	Women U20	3000m	M.Hopkin	1st	12:09.1
	Girls U14	100m	P.Giles	2nd	14.9
	"	High Jump	P.Giles	2nd	1.10m
	"	Discus	P.Giles	1st	18.88m
	"	Javelin	P.Giles	2nd	8.98m
	Vet Women	Discus	R.Fitzpatrick	5th	14.06m
	"	Javelin	R.Fitzpatrick	6th	11.54m

OCTOBER 31	Senior Men	100m	S.Crooks	5th	12.1
	Sen. Men 'C'	800m	I.McDonald	2nd	2:24.2
	"	"	P.King	3rd	2:24.4
	"	5000m	B.Martin	2nd	15:29.3
	"	Relay 4x100	CAVERSHAM	5th	56.5
	"	Discus	J.Davidson	2nd	27.80m
	"	"	I.McDonald	3rd	21.46m
	"	Javelin	J.Davidson	3rd	34.54m
	"	"	S.Crooks	4th	32.76m
	Men U20	Triple Jump	S.Crooks	3rd	11.72m
	Men U18	High Jump	S.Crooks	1st	1.85m
	Boys U16	High Jump	C.Harris	4th	1.44m
	Boys U14	800m	S.Fletcher	2nd	2:47.3
	"	80m Hurdles	S.Fletcher	1st	15.5
	Women U18	1500m	N.Rillstone	1st	4:56.5
	"	"	S.Graham	3rd	5:07.8
	"	"	R.Lee	4th	5:18.3
	Vet Women	Shotput	R.Fitzpatrick	3rd	6.37m

NOVEMBER 7	Sen. Men 'B'	400m	I.McDonald	5th	1:01.5
	"	"	P.King	6th	1:02.2
	Sen. Men 'A'	1500m	B.Martin	4th	4:04.9
	"	"	L.Tapper	13th	4:22.5
	Sen. Men 'B'	"	P.King	7th	4:37.4
		10,000m	R.O'Neill	7th	38:37.8
		400m Hurdles	J.Davidson	1st	1:00.4
		Shot Put	J.Davidson	1st	9.79m
		Pole Vault	C.Harris	1st=	1.30m
	Men U20	400m	S.Crooks	2nd	55.3
	"	"	B.Martin	3rd	56.4
	Boys U16	1500m	J.Harris	1st	4:35.7
	"	"	C.Harris	2nd	4:46.4
	Senior Women	800m	R.Porter	2nd	2:30.7
	Women U18	800m	N.Rillstone	1st	2:21.1
	"	3000m	S.Graham	2nd	10:52.0
	Girls U14	100m	P.Giles	4th	15.3
	"	800m	P.Giles	2nd	2:54.7
	"	Discus	P.Giles	1st	20.50m
	"	Javelin	P.Giles	2nd	9.70m
	"	High Jump	P.Giles	4th	1.10m
	Vet. Women	Discus	R.Fitzpatrick	1st	16.76m
	"	Javelin	R.Fitzpatrick	1st	14.72m

NATIONAL ROAD RELAY RESULTS - 26 September '92

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Leg	Dist.	Time	TP	Time	TP	Time	TP
		Caversham 1 'A' grade		Caversham 2 'C' grade		Caversham Veteran	
1	9.4	P.Johnson	34:04 (45)	W.Lucas	37:31 (74)	E.Jones	39:24 (82)
2	7.0	T.Theropoulos	26:07 (36)	J.Egan	30:46 (76)	S.Melville	28:13 (54)
3	10.6	A.Simpson	38:37 (25)	B.Sleeman	48:09 (61)	J.Cartwright	47:39 (60)
4	9.7	M.Gray	38:43 (44)	R.Porter	43:18 (58)	R.Cain	42:06 (53)
5	10.6	B.Martin	35:59 (17)	P.Braam	46:08 (61)	P.Coakes	40.05 (42)
6	12.1	A.Green	41:44 (38)	O.Wilson	45:37 (64)	C.Geary	46:18 (65)
7	8.3	R.O'Neill	33:57 (49)	I.McDonald	36:23 (63)	L.Dey	36:14 (62)
8	12.1	B.Dellow	41:50 (33)	D.Peacock	47:51 (70)	G.Walsh	47:49 (69)

NEWS FLASH

Now that so many of you own those flash looking track suits, what about the state of your singlet? Brian's Place has limited stocks of singlets in all sizes. They cost \$30 and are supposed to be an improvement upon the sub 4 variety the lettering of which tended to fade in the wash. We cannot guarantee that your PBs will improve when you don a singlet of better quality... but then again who knows?

EDITOR'S PENNYWORTH

Not much from me this time. One or two contributions arrived a little late and will be printed in the forthcoming issue. Have a go - at writing, as well as the smorgasbord of events on offer at the Caledonian. Ian - a good report, but did you HAVE to make mention of next winter already? As for sprinkling the odd sprint through one's training. I tackled a 100m and 400m race one Wednesday evening, fairly conservatively I thought. Could hardly walk for a week after! Good news. Rolf Harrier might consider reappearing out of the woodwork. It would be good for him to know that his jests will be accepted in the same spirit as they are offered. And speaking of spirit - the very best of the season. May all those resolutions about remaining (or becoming?) fit this summer be stuck true to.

Editor - William Lucas