



**CAVERSHAM**  
HARRIER & ATHLETIC CLUB

We run  
marathons!

## Welcome to " Cavy Chat "

A regular Newsletter from the Caversham Harrier and Athletic Club. We welcome items and photos that would be of interest to clubmembers, you can do so by clicking on the e-mail link. Also visit our Website and Facebook via the logos below.

E-Mail [pcoakes@xtra.co.nz](mailto:pcoakes@xtra.co.nz)



## What Next ?



It's hoped that there will be a "Cavy Chat" monthly, more or less, will depend on contributions from clubmembers, anything you wish to share with other members, items will need to be not too long and can include photo, lets make it interesting reading. From the club side there will be updates on all club activities and happenings, and, if you have any suggestions or what you would like "Cavy Chat" to include, let us know. You can also forward "Cavy Chat" to friends who maybe interested in getting involved in our club. Remember, for more detailed club information go to the Club Website.

[Click Here](#)

Photo : Ron Cain, David Jackson and Warren Deans start of Cadbury Dunedin Marathon.

## Summer Action

It was like a "kinda summer", depending where you were but most importantly that you had a good holiday. Plenty of clubmembers in action. The Challenge Wanaka in January. Full **Glenn Sutton** 12h 19m. Half **Kerry Rowley** 6h 20m and **Jim Kerse** 8h 34m. The New Zealand Masters Games saw plenty of clubmembers amongst the medals. **Donna Tumarū**, **Tom Cockerill**, **Jim Kerse**, **Dave McWhinne**, **Craig Wilson** and **Neville Shanks** ( Walking and Duathlon ). **Roger Leslie** ( Walking and Hill Running ). **David Jackson** ( Croquet ). **Claire Giles** ( Track and Field ). Last weekend **Glenn Sutton** took on the Speight Coast to Coast longest day, Glenn finished in a time of 15h53m16s.

## Track and Field

Action from the 2014 Otago Track and Field Championships. Photos by **Zinzan Smith**



Top : Andrew Smith : Jonah Smith : Zinzan Smith : Geoff Anderson

Bottom : Lorenz Kissling : Ben Anderson : Sam Tindley : Geoff Anderson and John Landreth

For Track and Field report and results see the [John Stinson Report](#) on the Website. [Click HERE](#)

## Julie Edmunds Race Walking in Hobart

Quiet a big step for Julie to be selected to represent NZ at Race Walking at the Oceania Championships in Hobart. " Being part of a team and wearing a NZ polo was very exciting " said Julie. A 20k walk made up of 10 x 2k laps with 18 judges keeping an eye on you. " Once that gun went we were off, the feeling was unreal to think I was representing Caversham Harrier Club and Race Walking NZ , Unfortunately my technique did not get me through to the finish line, but the whole experience will be one that I will always remember in my heart " ( Julie far right ).



## Cadbury Dunedin Marathon



Planning is under way for the 2014 **Cadbury Dunedin Marathon**. We are in the 36th year of the event and the 30th for the **Caversham Harrier and Athletic Club**. A lot to do between now and the 14th September. One of the first things is that we require a new secretary, **Pauline Begg** ,who has given many years of her spare time has, for a number of reasons, resigned. Our first meeting is next month, so anyone interested in joining the committee can contact me at [pcoakes@xtra.co.nz](mailto:pcoakes@xtra.co.nz)

## Naseby Pre Season Run/Walk

Clubmembers are invited to a Pre Season Run or Walk in Naseby Saturday 29th March. Accommodation available at the holiday homes of the Blackwoods, Watkins and Sleemans. Also at Naseby Motor Camp, Falconer Motels, Ancient Briton Hotel and Royal Hotel. Join the Fun, **RSVP NOW**. for further details email Brian at [anneandbrian@xtra.co.nz](mailto:anneandbrian@xtra.co.nz).



## Next Issue

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The next "CavyChat" will be out at the end of March, will include details of the "Opening Day". Send contributions to [pcoakes@xtra.co.nz](mailto:pcoakes@xtra.co.nz) on or before Friday 28th March, and remember, keep visiting our Website.

**Who's this helping dad with Race Packs 2003 ?**

Click [here](#) to unsubscribe.