



CAVERSHAM
HARRIER & ATHLETIC CLUB

We run
marathons!



Cavy Chat for June 2014

A "barn-storming" Barnes CC

Children.....Champs.....and.....Cavy Clowns were all out in force at the 2014 Barnes Cross Country. Very successful day with clubmembers featuring in all events. The Walkers kicked off by totally dominating their event. First home, **Katherine van der Vliet** followed by **Tom Cockerill** (fastest time) , **Gail Sharp** and **Colin Dick**.



It was then time for the children to shine. Congratulations to **Oliver Young** first in the Under 13. A great performance by all the children and well supported by all, a great effort from **Gracie Young**, **Jordan** and **Darcie Evans-Tobata** and **Ruby Sutton**. 1st Teams Event



One of the biggest fields of clubmembers was in the Under 18 with a string of success. Great run from Ben Rowley to take out line honors followed by Sam Tindley they were backed up by Jayden Toomey, Jimmy Flanagan, Andrew Smith, Pat Flanagan, Alex Brown and Will Helm. It was no surprise that all the boys gave the club 1st and 2nd in the Teams Event.



On to the Open Womens event and it was Donna Young with a sprint finish to take out first place. Not to far behind was Esther Sibbard and Evelyn Armstrong both putting in very strong runs.



The Open Men's saw a good lot of clubmembers in the field, a mighty effort from Geoff Anderson to be placed 2nd. Lorenz Kissling was to take out the fastest time. Also in the pack were Ian McDonald , Jonah and Zinzan Smith, Dave Sharp and Zeddric Osten.



The Handicapper



Watching from the "Grandstand", hiding in the trees, looking here and there to see what he can see. Pen and paper in his hand, spying,... on everyone, making notes of your latest run. Who is this man you try to fool by running with a limp, or tell him that's your best, but he doesn't give a hoot. Treat him nice, treat him sweet get him on your side you will be rewarded from Brighton to GI. Who is this man you ask again, a clever handsome chap, you see, he's the one, that does all, the runners "handicaps".

Club X Country

It would not be out of place to call the Club Cross Country either "reynolds run" or "murrays mud". a bit of this and a bit of that, what more could you want as a true test of your cross country running. Great work Murray Reynolds, a course designer prepared to test it out as well. Being such sunny day,..... it was "slip, slop and..... back for soup".



thank you Murray

thank you Anne

" How much soup would you like ? "

Malcolm Giles



Malcolm's achievements have been covered by Stu in his weekly emails to clubmembers, thought it would be nice to put a face to the name. As pointed out Malcolm (NTO) now joins Ron Cain (QSM) as a National Technical Official, which all means that they have the qualifications to organise and officiate at Athletic New Zealand sanctioned events to to a national level.

Photo : Malcolm Giles, skills into practice at Club Cross Country.

Balclutha Half Marathon

A number of clubmembers took part in the Balclutha Half Marathon and 10k on Sunday 22nd June. Success for **John Landreth** in winning the Masters Men 50 Athletics Otago Half Marathon Title in a time of 1:34:35. **Jonah Smith** was 2nd in the Open Mens in 1:15:57 and **Ken McDonald** 6th in 1:21:38. **Stacey Hebbard** was 3rd in the Masters Women 35-39 in a time of 1:52:14. **Tom Cockerill** won the 10k Walk in 1:00:04. Well done to everyone. Photo: John Landreth, another title under his cap !



Things to Think About

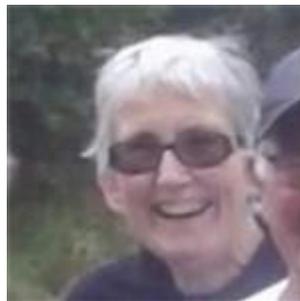
First up just a reminder of the trip to Akaroa in October, if you want to be included let **Peter Blackwood** know, catch up with him at the clubrooms or email at sunsth@es.co.nz.

The clubs AGM is still a little way off, but I understand that there will be a need for a new secretary, if you are interested you can contact **April Anderson** for more information about this position at, info@cavershamharriers.co.nz

Zinzan Smith is raising funds to get him to the National Track and Field Championships in Whanganui in December. For every box of 12 pavlovas he sells for \$12 will contribute \$5 to his trip. If interested in helping Zinzan contact him at zinzansmith@gmail.com



Peter



April



Zinzan

Caught on...Camera

This is very interesting !, caught on camera by Jayen Toomey. You decided !, *is it a clubmember caught poaching Wardonville "mud-crabs", or...an old seaman longing for the water. ?*

Next "Cavy Chat" out end of July. Photos, stories, items or whatever to pcoakes@xtra.co.nz on or before 29 July. For all Results and Race and Club runs visit our Website (Click on Logo).



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