



**CAVERSHAM**  
HARRIER & ATHLETIC CLUB

We run  
marathons!



## 2015 Lovelock Relays

The senior men's team of **Josh Baan, Matt Moloney, Jonah Smith, Lorenz Kissing, Jake-Jackson Grammar** and **Ben Anderson** held off a strong challenge Hillcity-University to win the 2015 Lovelock Relay. **Ben Anderson** recorded the fastest time over the 1500 meters of 4m : 02sec. Earlier it was **Oliver Young, Caitilin O'Brien, Katie Wong** and **Jordan Evans-Tobata** winning the Primary School Grade. In the Social and Mixed Grade, (*pictured above*) **Dylan Fraser, Alex Dodds, Pat Flanagan** and **Jimmy Flanagan**, were the winners. Our Masters Women of **Donna Rutherford, Evelyn Armstrong, Kerry Rowley** and **Esther Sibbald** came home in 2nd place in that grade.

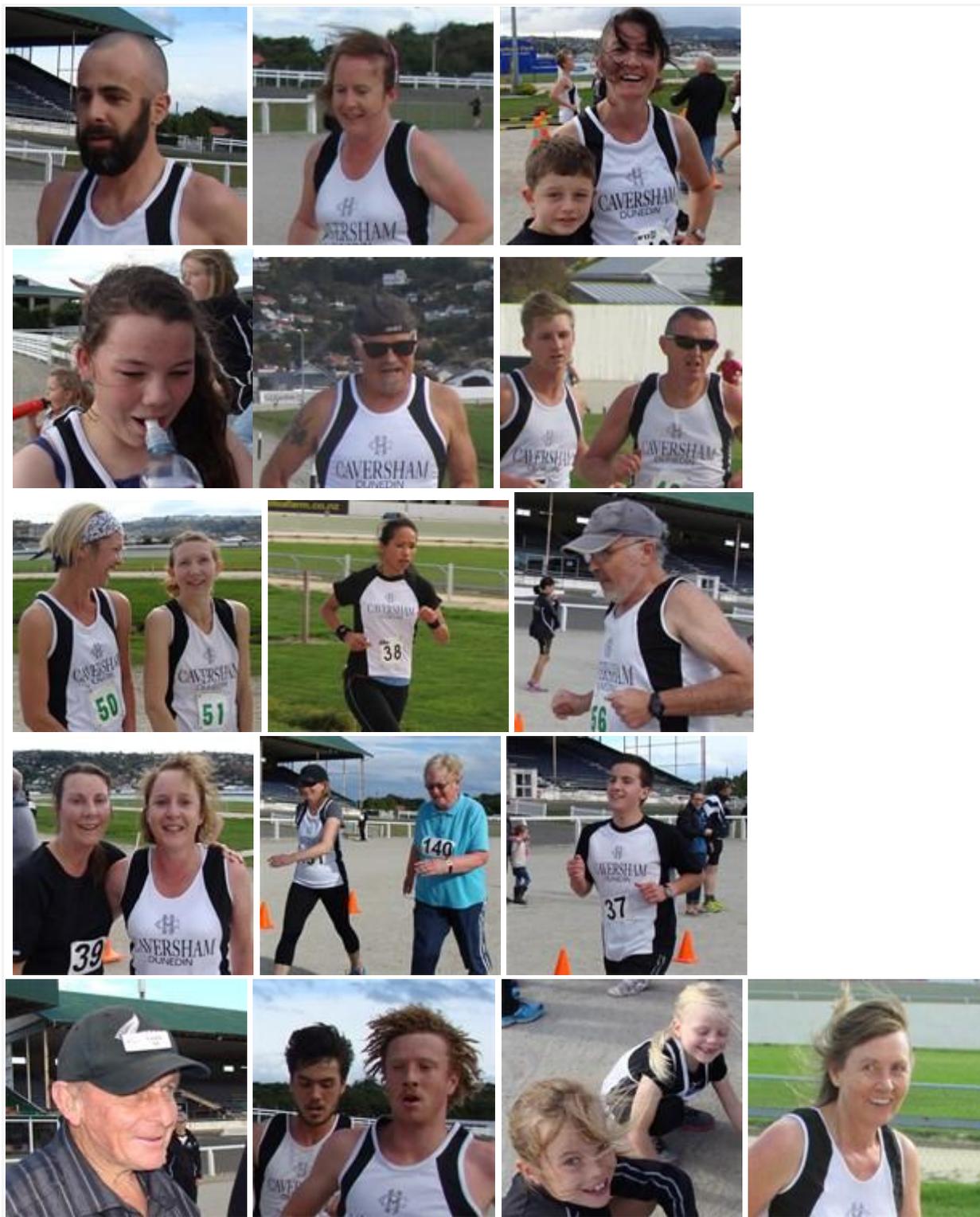
## Ben Anderson

As we continue to enjoy our running, or walking over the winter months, clubmember **Ben Anderson** will be settling into the northern hemisphere summer and it won't be long before he starts hitting the track in the UK. Ben will combine some serious hard racing along with sightseeing around Europe before returning to Dunedin at the end of the year. For proud parents **Barbara** and **Geoff** it has been an exciting month. "*Ben graduated and after a special Mother's Day he departed for London*". "*Very hard to believe that 23 years ago was our first day in the clinic in 1992, was Ben's 1st birthday*". We wish Ben all the best and safe travels on his big OE. Photo : **Geoff, Barbara, Ben** and **Margie**.



## Vice Presidents 5000 in Pictures

The pictures tell it all. Photos by **Gillion Wong** and **John Stinson**



## A Welcome to New Clubmembers

It has been a very successful start to the season, some very pleasing results through all the grades and has been amazing to see so many new members enjoying their running and walking. Welcome to Walkers and Runners Terry Hamilton - Carlene Sparrow - Carolyn Vincent - Marree McCormick - Kathryn Adamson - Tiffany McNutt-Milne - Danielle Rapaki - Ioan Fuller - Andrew Gennie - Kirsty Marsh - Ray and Jill O'Brien - Alex Dodds - Sinead Linwood - Sophanna Parsons - Tara Bisset - Audrey Phelan - Gordon Wong - Julie Leith.

## Flagstaff Frolics

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There was a small amount of joy to be had by a number of the slow pack as they made their way to the summit of Flagstaff. It wasn't what **Neville Scott** gave much thought to , but **Claire Giles**, **Audrey Phelan** and **Sophanna Parsons** didn't mind a bit when a scantily clad runner appeared from the bush ( claimed he was from Hillcity ), never- the- less, after a quick photo shoot ,it was enough to warm the girls up, there was an attempt to steal Neville's hat, then they were off again, with Neville in tow.



## Ponydales

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So pleasing to see so many Caversham teams out there in the 2015 Ponydales, and didn't everyone do so well, from our senior members to our "little ponies".



It was revealed that there was an inter-club competition to determine who top "Harrier Hurdler" was.

Click [HERE](#) to view to nominees and the winner.

## Congratulations to Elaine and Jonah

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