

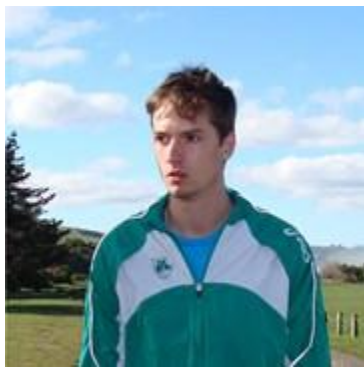


CAVERSHAM
HARRIER & ATHLETIC CLUB

We run
marathons!



Josh Baan



It has been a year in which there hasn't been an event that Caversham members have not been out of the placings. We are blessed with a number of young and talented runners, so, what are their thoughts in belonging to Caversham.

Josh Baan : " *I have been a member of a few clubs over the years but have not found a club quite like Caversham. From what I have experienced it seems a club with great tradition and pride. The members are all friendly and extremely supportive. I enjoy the good banter between members . I am a first year studying accounting and finance and look forward to being apart of everything Cavy has to offer "*

Josh has been impressive in winning 3 National titles in 2014

2014 : New Zealand : Junior Cross Country : Junior 5000 Track : Junior 8000 Road Champs

Allister Meffan

" I joined Cavy because of the great sense of tradition and the comradery between both the senior and junior athletes, my brother is Peter "The Meff" Meffan so there was no way I was joining any other club. So far, I have really enjoyed the support and advice from the more seasoned Cavy members. At my first race every Cavy member came up and made an effort to get to know me. I feel honored to be part of such a great club. "

Allister has been part of the winning team : 2014 Edmond Cup : 2014 Peninsula Relay Fastest Time



Matthew Moloney



" I hail from Wairarapa up north and I am studying a commerce degree here in Dunedin, majoring in Economics and Finance. I was looking to take up my casual running to a new level down here so I joined Cavy. They were the obvious choice because of the friendly people, immense sense of community and prestigious history. Since joining I have been overwhelmed by the amount of support and pride in this club and I am honored to be part of it "

Cadbury Dunedin Marathon : 4th Open Men : 2hr55min08sec

Port Road Races

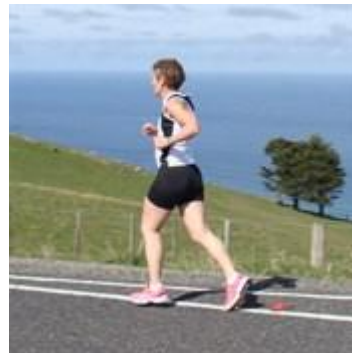




Click [HERE](#) to go to the Website to read the "John Stinson Reports" on both the Port Road Race and Otago Age Group Championships.

Peninsula Relay - Sept 2014

Another sea of "black and white" out in force at the 2014 Peninsula Relay. The club had 4 teams completing and an equal number of marshals to make sure all went the right way, well done to everyone. Honors of the fastest time went to our Number 1 team of **Ben Anderson, Geoff Anderson, Allister Meffan, Jonah Smith, Sam Hopper and Ken McDonald. 1h47m19s.** Not too far off the pace and setting the 3rd fastest time of **1h58m30s** were our Junior Team of **Zinzan Smith, Jimmy Flanagan, Sam Tindley, Joe Matthews, Pat Flanagan and Andrew Smith.**





Remembering ... WW100 Memorial Run

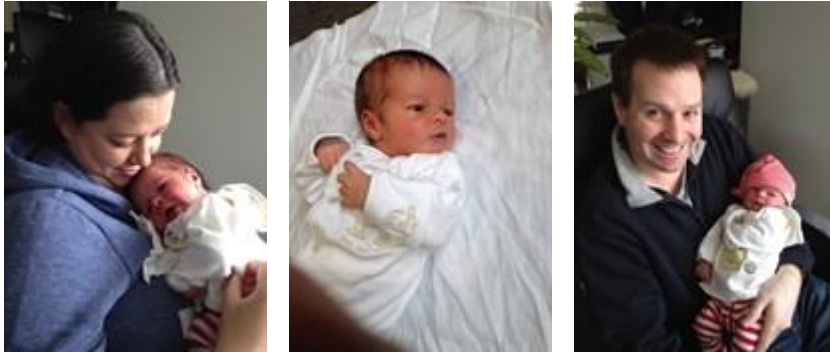
A number of clubmembers took the time to remember the sacrifice made by former clubmates especially those who did not return from the Great War of 1914 - 1918. RL Aitken, AC Boys, H Gear, A Grey, J Freeman, J Hewett, JMcAhan, A White, D White and R White.



And a Welcome To ... James

James Robert Dowling born 4.03am Friday 12 September tipping the scales at 8lb12oz. Congratulations to Tracy and Ant. According to Tracy everyone is doing well. "A couple of

tiresome nights but have had more good nights and we are really enjoying getting to know our little man".



Next Newsletter

I will be looking forward to contributions and photos from the **Akaroa NZ Road Relays**. The closing day for the Winter season is on Saturday 11 October. Also a reminder of the clubs **AGM 25 November**. Always looking for new "blood", will need to fill the position of secretary as **April Anderson** will be retiring. It is hoped that there will be job descriptions made available for all the positions which members will be called upon to fill.

Send contributions / photos / or anything you want to share to pcoakes@xtra.co.nz

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